



# RHYTHM2RECOVERY

Training for Professionals across the Health & Education Sectors

Music for Social & Emotional Health



**PAISLEY, SCOTLAND**  
**17 - 18 MAY**

The Wynd Centre, 6 School Wynd, Paisley

**KENT, ENGLAND**  
**24 - 25 MAY**

Eternal Lake Reserve, Salt Lane, Cliffe,

**FUN EMPOWERING PRACTICAL ENGAGING**



A two day course that provides attendees with the practical tools and skills to introduce music into their practice in order to address the social and emotional challenges faced by their clients or students. No previous music skills are required.

The R2R model is used by therapists and educators around the world working in diverse fields including trauma, mental health, behavioural education, custodial facilities, child protection and refugee integration.

Access to over 200 practical rhythm games and exercises plus exclusive training videos. Suitable for both counselling and educational settings and can be adapted for individual, family and larger group work.

**[rhythm2recovery.com](https://rhythm2recovery.com)**

## Testimonials

*As a music therapist, I felt this to be the best training I have attended which actually focused on the therapeutic/mental health aspect as opposed to the usual musical focus. Extremely refreshing and relevant to the mental health impacted populations I work with. **Linda Gerardy, MMT, MT-BC Recreation Director, Crestwood Behavioral Health***

*RUN, DO NOT WALK to a Rhythm2Recovery workshop if you ever get a chance to participate – such valuable ideas for music interventions that resolve around rhythm & drumming. It was absolutely worth the money spent and everything and more that I hoped it would be. **Sheila Connors, MT-BC***

*Outstanding experience! I learned so many valuable drumming techniques that I will add to my music therapy toolbox. **Cassidy Rosenblatt, Music Therapist***

**Cost: £220.00 plus £3.00 Booking**

**Fee Discount Code: PA**

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**Accommodation for the Kent workshop can be booked onsite if required <https://eternallake.org/>**

Special Discount for  
BAMT Members please  
use Code: **PA** during the  
booking process.

## TOPICS INCLUDE

Developing and  
Restoring Trust  
Communication  
Teamwork  
Managing Change  
Values & Boundaries  
Healthy Relationships  
Violence Prevention  
Bullying Prevention  
Loss & Grief  
Emotional Regulation  
& Many More

Bring the  
healing power  
of music into  
your practice

Discounts for  
3 or more  
participants

No previous  
music skills  
are required

Evidence-Based  
Practice with a  
Client-Centred  
Focus



SCAN ME



<https://cvent.me/Y5vkaz>

**Book Now**

**Private Workshops Available**

**BAMT** BRITISH ASSOCIATION  
FOR MUSIC THERAPY

